

OUR CONTRIBUTION TO THE CLIMATE CRISIS



Housing, transport, and food are the main three things that contribute to climate change, accounting for about 80% of our total carbon footprints (source: globalcitizen.org). As more methods are being researched and developed, we can start changing our lifestyles to switch to climate-friendly alternatives.



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What are some lifestyle changes that can reduce our impact (source: lunduniversity.lu.se)?

1. Living car free (can save around 2 tons)
2. Avoiding air travel (can save around 1.5 tons)
3. Using renewable, green energy
4. Switching to plant-based diet
5. Recycling

Individuals changing lifestyles is not enough to make significant change.

What else needs to be changed?

Governments need to take measures that will demote or even ban harmful lifestyle choices that have significant impacts on climate change. Some examples of this are banning fossil-fueled private jets, supporting co-housing, and setting higher minimum efficiency standards for household appliances. Governments should also place restrictions on large businesses and corporations so that they switch to using green energy for manufacturing and reduce fossil-fueled transportation (source: globalcitizen.org).