

Theme 4: Alternative Lifestyle Methods and Existing Solutions

(March to April), Objective: Many current lifestyles and processes worsen the climate crisis; alternatives and solutions have been proposed, researched, and developed, and should be implemented to combat climate change.

Additional Resources:

- Introduction of carbon footprints
 - Carbon footprint explanation and calculator:
<https://www.nature.org/en-us/get-involved/how-to-help/carbon-footprint-calculator/>
- Explain how specific current lifestyles and practices contribute to climate change
 - Article discussing which lifestyle aspects contribute to climate change the most:
<https://www.globalcitizen.org/en/content/climate-carbon-footprint-luxury-lifestyle-study/#:~:text=Which%20lifestyle%20choices%20have%20the,services%2C%20according%20to%20the%20research.>
 - Article describing lifestyle changes to reduce our contribution to climate change:
<https://www.lunduniversity.lu.se/article/four-lifestyle-choices-most-reduce-your-carbon-footprint>